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Rickeyta Snell

Counselor/Therapist

Meet Rickeyta Snell, a highly skilled therapist and proud owner of Authentic Life Counseling located in Homewood, AL. With a unique blend of formal credentials and personal experience gained through her own transformative life events, Rickeyta brings a wealth of knowledge and practical guidance to her clients.

With more than 12 years of experience, Rickeyta has effectively helped numerous individuals and couples work toward healthy resolution in their lives. She is especially passionate about working with couples and has facilitated marriage workshops, led marriage small groups, and worked one-on-one with couples to help them overcome challenges and achieve their goals.

As a seasoned therapist, Rickeyta provides individual and couples counseling for adults aged 21 and older, offering guidance and support for a range of issues such as relationships, parenting, and life transitions. Her educational background includes a bachelor's degree in psychology from Auburn University, which she holds dear to her heart, and a master's degree in agency counseling from the University of Alabama at Birmingham.

With Rickeyta's expertise, you can rest assured that you are in good hands. She is committed to providing the highest level of care to her clients and helping them lead fulfilling, authentic lives.

AUTHENTIC LIFE COUNSELING LLC



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COMPLIANCE OFFICE